

complaints, thirst, intestinal worms
and ^fecj|B

Sugarcane is tonic an-1 constructive,
generateVtinriCapharn, and

~ cures haemorrhage, hymoptisis, eic.

Phanitam (boiled sugar-
cane juice) is sharp and Pitta-generating,
while Matsandikl

°^ (surface layer of treacle) is
white and light, and Khanda (a

f" kind of unrefined sugar) is emolient,
constructive, and sweet,

*p and proves curative in haemorrhages
and disorders of the Vayu.

t Treacle is constructive, Kaphah-
generating and Vayu and

1 3 door Pitta-subduing. Old treacle is

extremely wholesome, subdues
the Pittam and soothes the blood.

Treacle-sugar is cons-
tructive and cures haemorrhage, hymoptisis,
etc. All kinds of

urine generate the Pittam, which, through
its acid taste, con-

quers the Kapham and Vfyu. Wines of
the Sauvira species

are sharp and aggrgvate blood and
the Pittam. Manda

made of fried rice is appetising and
digestant, Peyi (Gruel)

is light, diuretic and restores the deranged
Vftyu to its normal

^•condition. Peyds made with whey,

pomegranate, and Vyosha,

with treacle, Amala and Pippali prove'

curative in cough,

^bronchitis and diarrhoea. Peiyasa

is tonic and phlegma-

ic, Krishara, is Viyu-destroying. Soup being
cooked in

-combination with bulbs, roots, fruit or
Ghritam becomes

t Oheavy and constructive. . A Supa, (salted
soup), well-cooked

and taken lukewarm, forms a light diet.

Sheikas, well-cooked

<jj, and with their watery parts squeezed
out, and seasoned with

any oily*or fatty substance, forms a

1 3 pulse

wholesome dish. Jusha
 ! (unsalted soup) made with Amalaka and
 pomegranate im-
 digestion, destroys the Va*yu and Pittam;
 made with
 X j, Mulaka it proves efficacious in cough,
 bronchitis, catarrh and
 ^ if diseases of the deranged Kapham.
 Jusha of barley, Kola and
 J < JKulattha pulse is beneficial to the
 voice and subdues the
 ^ deranged Vayu. Juice made with
 Amalaka and Mudga-
 is astringent and conquers the deranged
 Kaphah and
 Pittam. Milk-curd with treacle is Vayu-
 destroying, fried
 barley-powder (Shaktu) is parchifying and
 Vayu generating.
 , Shuskalis (something like Kachaurias)
 prepared with Ghritam